



diasend[®] Personal

–for patients

glooko

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Find your device



Glucose meter



CGM



Insulin pump

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Quick Guide

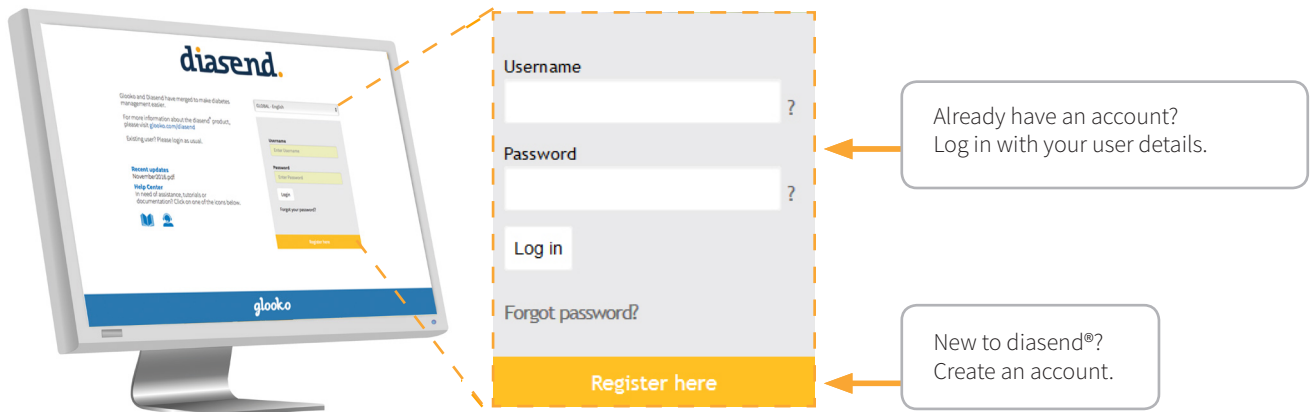
diasend® Personal

diasend® Personal is a completely free service for patients with diabetes who want to monitor their glucose, CGM and insulin from home.

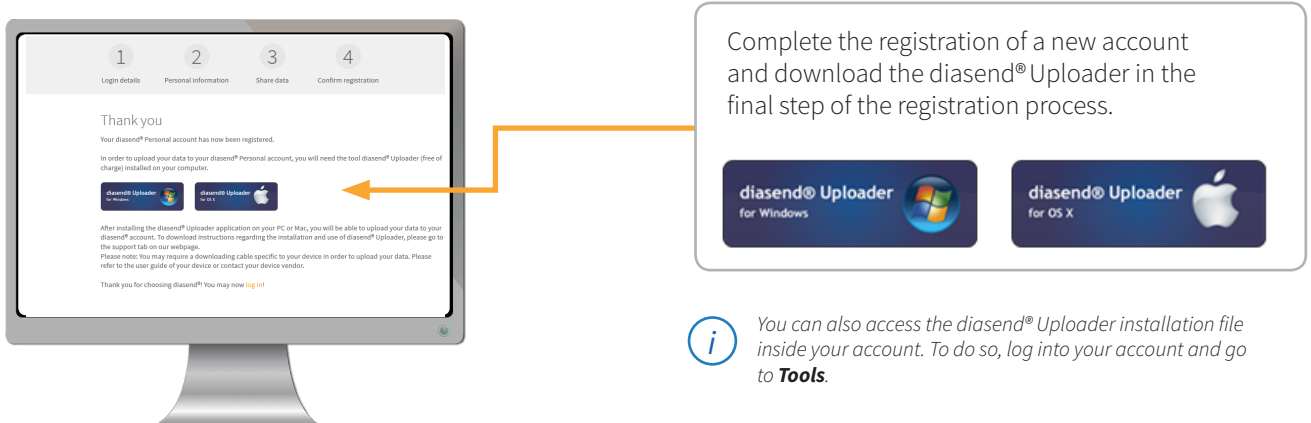
In order to upload data from your diabetes device(s), you first need to create an account and download the diasend® Uploader software.

How to start using diasend® Personal

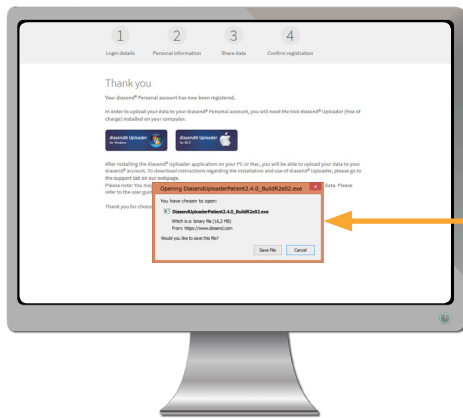
- 1 Log in or start a new account at www.diasend.com



- 2 Download the software diasend® Uploader



3 Save the installation file



You have chosen to open:

 **DiasendUploaderPatient2.4.0_BuildR2e02.exe**

Which is a: binary file (16,2 MB)

From: <https://www.diasend.com>

Would you like to save this file?

Save File

Cancel

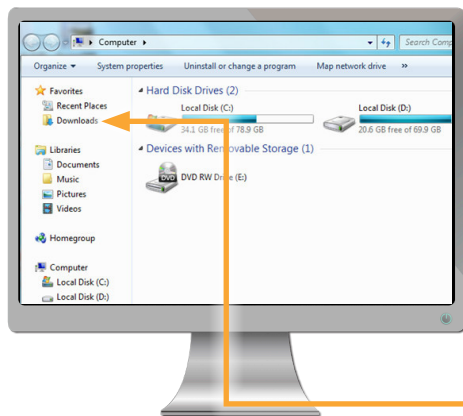


Compatible operating systems:

Windows 7, 8 and 10.

macOS 10.9-10.13.

4 Locate the installation file and run the file



Depending on your web browser you may need to search for the downloaded installation file. Or you may just get the pop up window to run the file.

If you are a PC user:

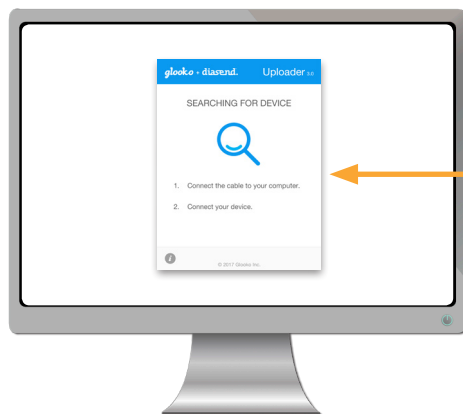
Look in your recent downloads folder.

If you are a Mac user:

Look in the downloads folder in Finder.

Once you've located the file, double-click on it and follow the installation instructions on the screen.

5 Start diasend® Uploader

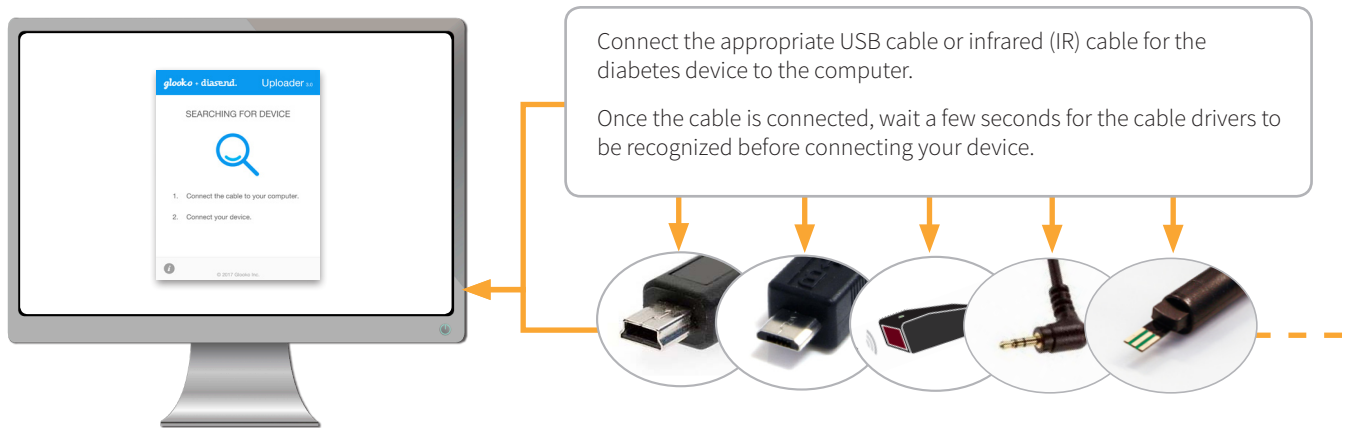


Double-click on the diasend® Uploader icon on your desktop to start the program.



Make sure you have restarted your computer before starting up diasend® Uploader for the first time.

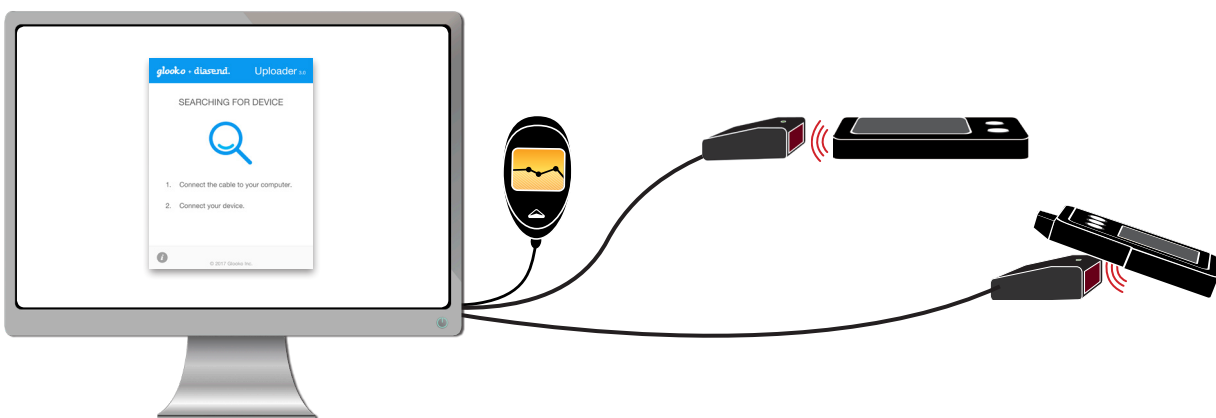
6 Connect the cable for your diabetes device to the computer



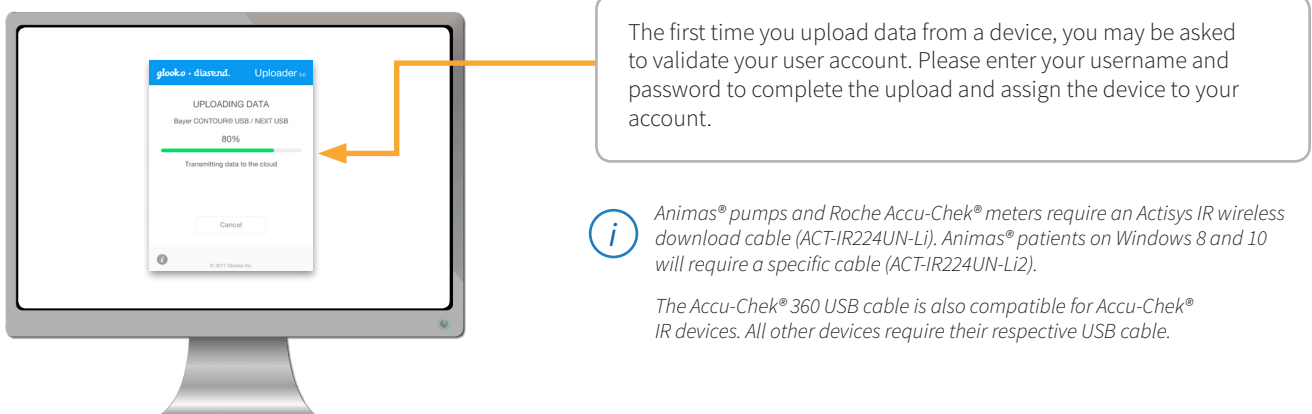
i Make sure you use the cable that came with your diabetes device.

i **Missing a cable?**
Please contact the manufacturer of your specific diabetes device.

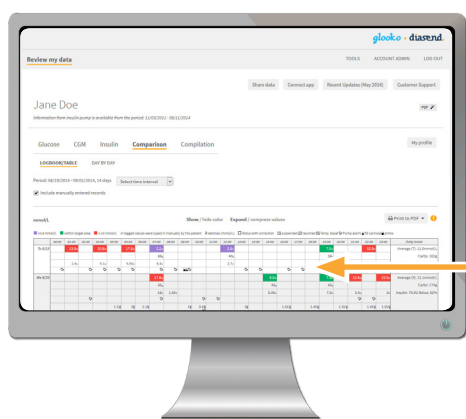
7 Connect the diabetes device to the cable



8 Upload data from your diabetes device



9 Log in at www.diasend.com to view your data

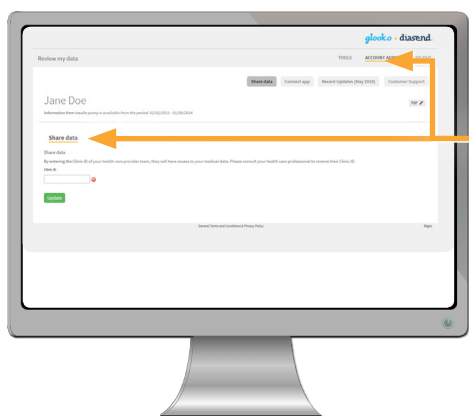


All your uploaded data is presented in easy-to-grasp tables and graphs. Please refer to the **Report reference guide** on our website for further information.

The reports are divided into the following tabs:

Glucose CGM Insulin Comparison Compilation

10 Share your data with a clinic



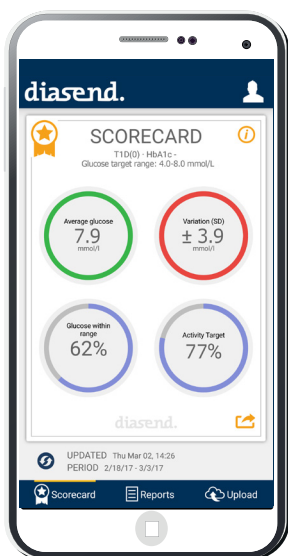
You can share your data with your health care provider by entering their Clinic ID, under the tabs **Account admin** and **Share data**. Don't forget to click **Update**.

ACCOUNT ADMIN

Share data

Update

11 View your uploaded data in the diasend® Mobile app



Download the app from Google Play or App Store.

Login with your diasend® Personal details or create a new account.



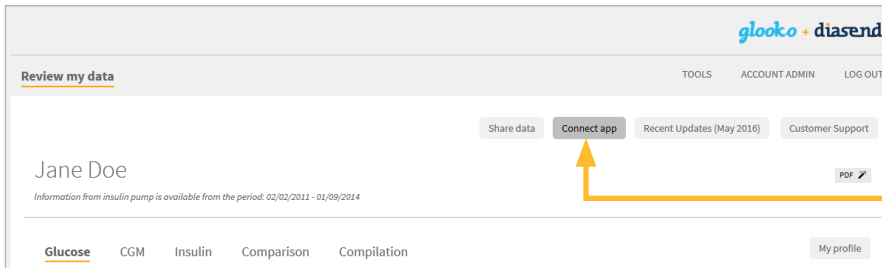
With the diasend® Mobile app you get:

- A good summary of the latest uploaded data.
- Easy-to-grasp reports on your insulin intake and glucose levels over time.
- Ability to upload data directly with your smartphone - if the diabetes device and your phone supports NFC (Near Field Communication) or BLE (Bluetooth Low Energy).
- A great compliment to your diasend® Personal account at www.diasend.com.

12 How to connect your Dexcom (G5 Mobile/ G6 App) with diasend® - Synchronize your Dexcom data seamlessly into your diasend® account

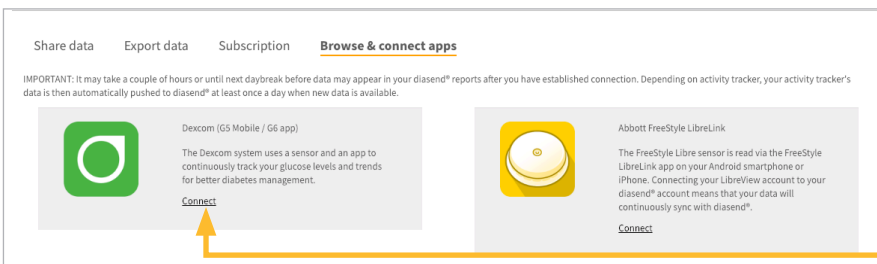
Requirements:

- a diasend® Personal account – FREE for patients!
- an Android phone or iPhone and Dexcom (G5 Mobile/ G6 App).



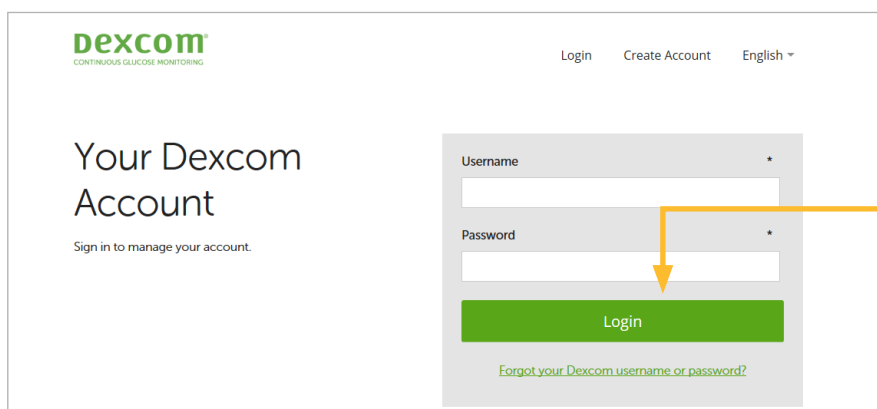
- 1 Log into your diasend® Personal account and click on the button **Connect app**.

Connect app



- 2 Click on the **Connect** link for Dexcom.

Connect



- 3 Sign in with your Dexcom **username** and **password** to authorize and add the Dexcom (G5 Mobile/ G6 App) to your diasend® Personal account.

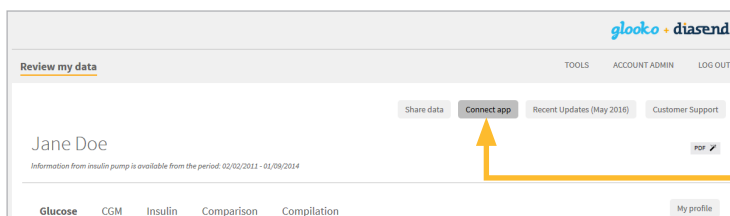


13 How to connect your FreeStyle LibreLink app with diasend® – Synchronize your FreeStyle LibreLink data seamlessly into your diasend® account (Currently only available outside of US)



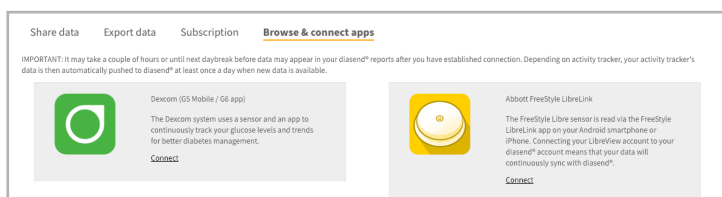
Requirements:

- a diasend® Personal account – **FREE** for patients!
- an Android phone or iPhone and the FreeStyle LibreLink app.



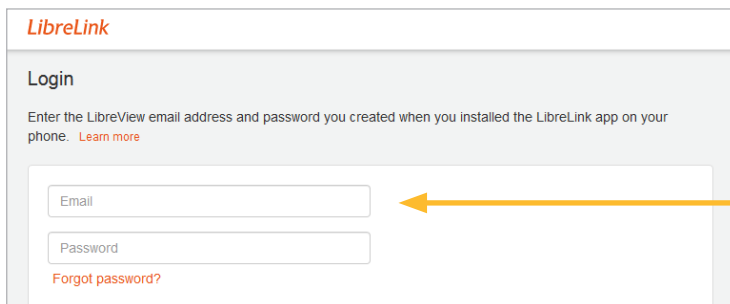
1 Log into your diasend® Personal account at **www.diasend.com** and synchronize your FreeStyle Libre data to diasend® by clicking the **connect app** button.

Connect app



2 Click on the **connect** link for Abbott FreeStyle LibreLink.

Connect



3 Enter your **LibreView login information** to authorize and add the FreeStyle LibreLink app to your diasend® Personal account. Once you have completed steps 1-3, you are ready to upload data.



4 Start the AbbottFreeStyle LibreLink app on your Android phone or iPhone and use it to **scan** your FreeStyle Libre sensor.

The data on your phone will now **appear** in your diasend® Personal account and can be **shared** easily with your clinic. From now on, data will be added every time you scan the sensor with your smartphone.

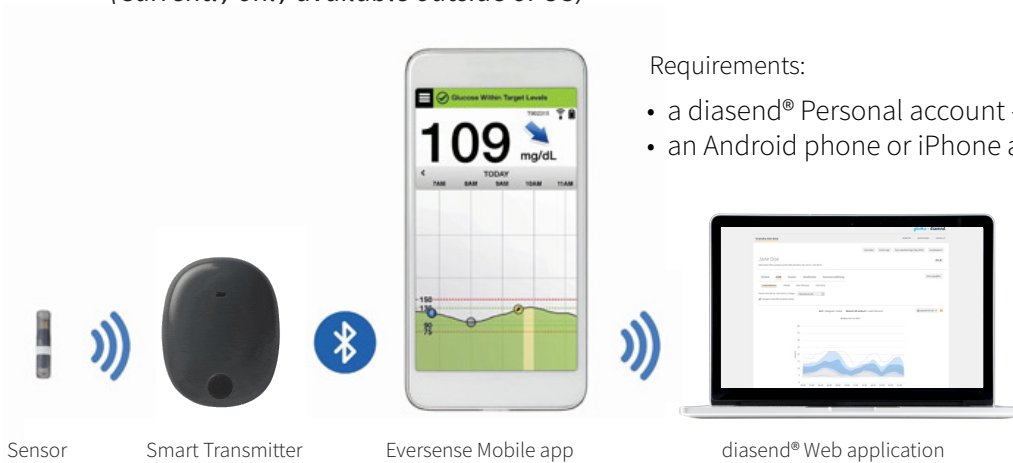
Please note

If you don't have an Android phone or iPhone you can upload data to diasend® using your FreeStyle Libre reader. You then simply use the diasend® Uploader software on your computer and connect the FreeStyle Libre reader with a micro USB cable to your computer. If you have other devices connected to your diasend® account, FreeStyle Libre data will be shown together with information from the additional devices. FreeStyle LibreLink is a mobile application, developed and provided by Abbott. Use of FreeStyle LibreLink requires registration with LibreView, a service provided by Abbott. The FreeStyle LibreLink app is compatible with NFC-enabled Android phones running OS 5.0 or higher – as well as iPhone 7 or later, running iOS 11 or higher. All trademarks in this flyer are the property of their owners.

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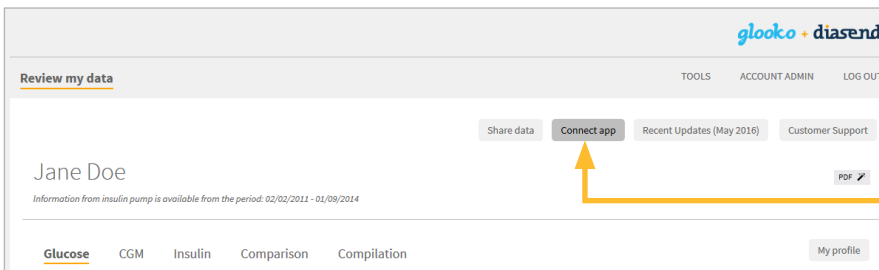
How to connect your Eversense Mobile app with diasend®

- Synchronize your Eversense data seamlessly into your diasend® account
(Currently only available outside of US)



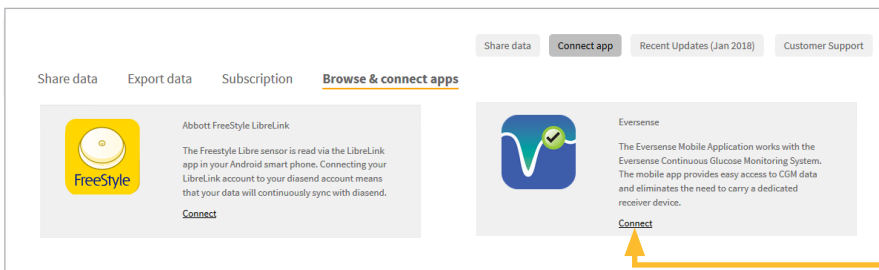
Requirements:

- a diasend® Personal account – FREE for patients!
- an Android phone or iPhone and the Eversense Mobile app.



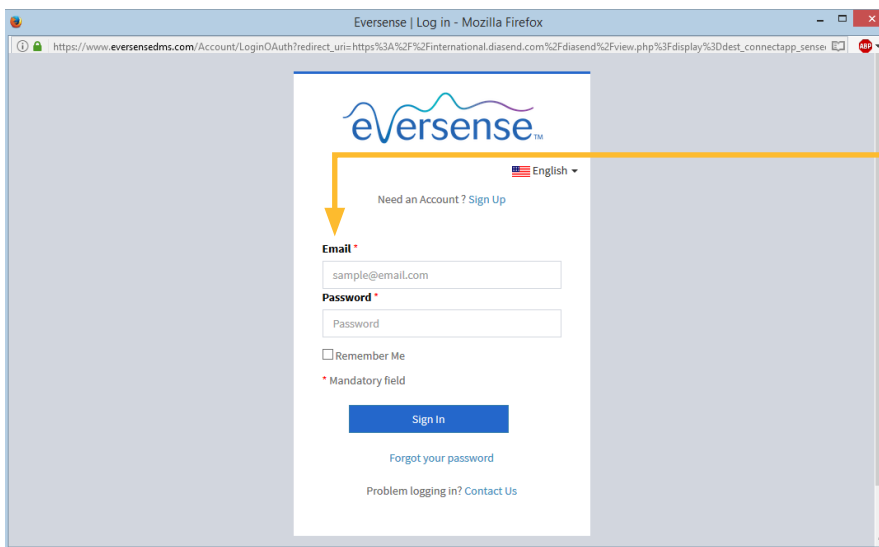
1 Log into your diasend® Personal account and click on the button **Connect app**.

Connect app



2 Click on the **Connect** link for Eversense.

Connect



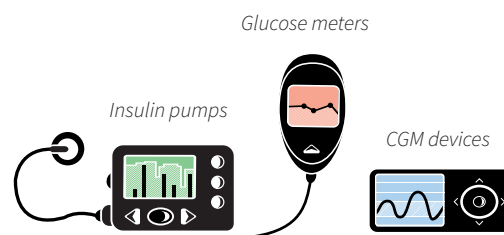
3 Sign in with your **Eversense login information** to authorize and add the Eversense Mobile app to your diasend® Personal account.

Please note

If you have other devices connected to your diasend® account, Eversense data will be shown together with information from the additional devices.

List of compatible devices

Below is a list of compatible devices with diasend®. Unless explicit upload instructions are provided for the actual device, you simply need to connect it to your PC/Mac with its specific USB cable and it will upload automatically. (Visit diasend.com to see a current list of compatible devices and known limitations.)



Glucose meters and CGMs - connected with USB cable

Abbott

FreeStyle
FreeStyle Flash
FreeStyle Freedom
FreeStyle Freedom Lite
FreeStyle Lite
FreeStyle Mini
FreeStyle Optium

FreeStyle Optium H
FreeStyle Papillon
FreeStyle Papillon Lite
FreeStyle Papillon Mini
FreeStyle Papillon Vision
FreeStyle Xido
Optium Mini



Abbott FreeStyle USB cable (2,5 mm)

FreeStyle InsuLinx
FreeStyle Libre

FreeStyle Optium Neo
FreeStyle Papillon InsuLinx

Micro USB



FreeStyle Navigator II

Mini USB



FreeStyle Precision
FreeStyle Precision H
Optium Xceed

Optium Xido
Precision Xceed
Precision Xtra

Abbott Xceed USB cable



Agamatrix

WaveSense Jazz

Agamatrix USB cable



Arkray

Glucocard 01
Glucocard Vital

Relion Confirm
Relion Prime

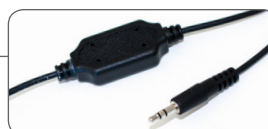


Glucocard Shine



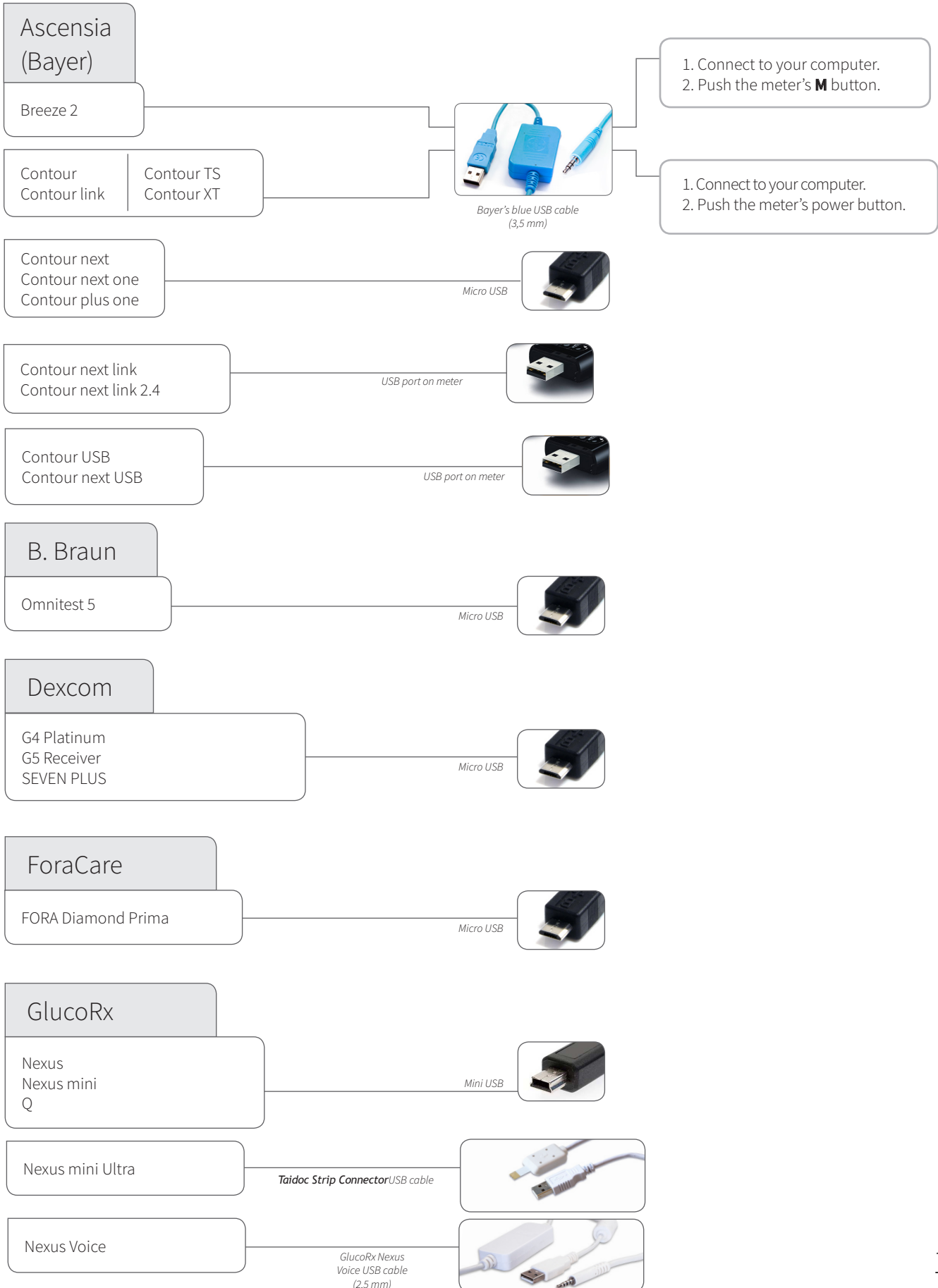
Connect and press any button.

Glucocard Expression



Connect and select **PC Link** in the main menu on the meter.

Glucose meters and CGMs - connected with USB cable



Glucose meters and CGMs - connected with USB cable

i-SENS

Alphacheck professional

Mini USB



COOL/Bravo
CareSens N
CareSens N POP
CareSens N voice

i-Sens USB cable
(2,5 mm)



1. Connect to your computer.
2. Push the meter's **S** button.

LifeScan

OneTouch Ping

Mini USB



OneTouch Select Plus
OneTouch Select Plus Flex
OneTouch Verio
OneTouch Verio Flex

Micro USB



OneTouch Verio Pro
OneTouch Verio IQ
OneTouch Verio Sync

Mini USB



OneTouch Ultra
OneTouch Ultra2
OneTouch UltraMini
OneTouch UltraEasy
OneTouch Verio (old)
OneTouch Vita

LifeScan USB cable
(2,5 mm)



OneTouch UltraSmart

LifeScan USB cable
(2,5 mm)

1. Connect to your computer.
2. Push the left black button.

MedCore

Care

Medcore care USB cable
(3,5 mm)



Menarini

GlucoMen areo
GlucoMen areo 2K

Menarini GlucoMen areo USB cable (2,5 mm)



GlucoMen Gm

GlucoMen Gm USB cable (2,5 mm)



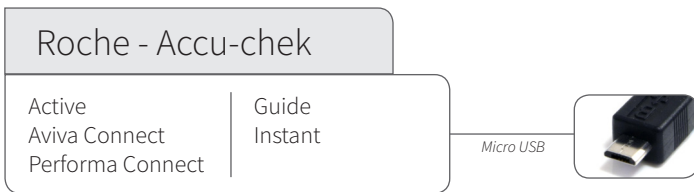
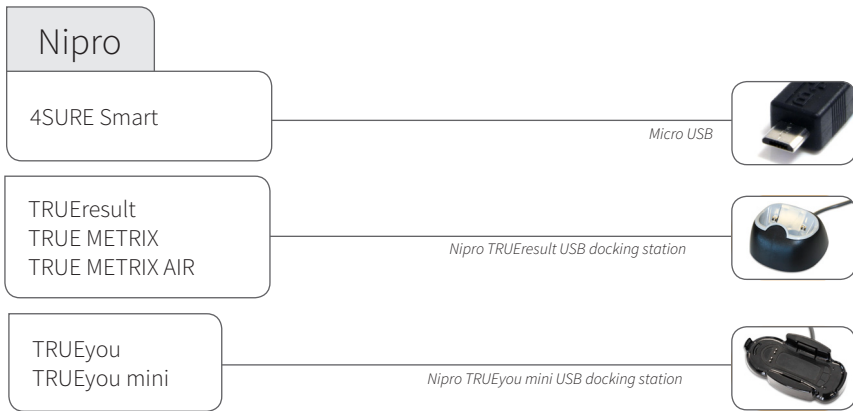
GlucoMen LX Plus
GlucoMen LX2

Menarini blue USB cable (3,5 mm)

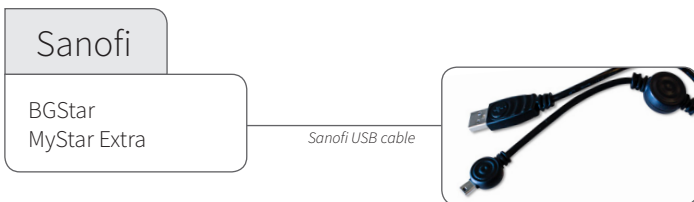


If the meter displays: **E-3**,
disconnect it wait until the display is
off, then connect the meter again.

Glucose meters and CGMs - connected with USB cable

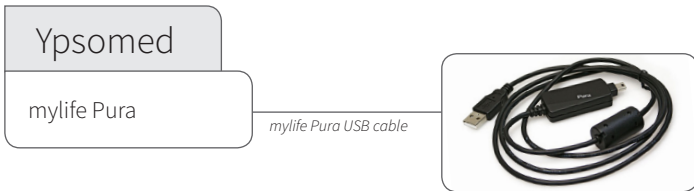


1. Connect to your computer.
2. Upload should start within 20 seconds after connecting the cable. If not, go to the main menu on the meter. Go to **My data > PC analysis > Data Transfer**, and connect the meter to the USB cable again.
(Please do not hold down the two arrow buttons.)



NOTE!
The Eversense Smart Transmitter (CGM) can not be uploaded via diasend® Uploader.

The data from the Eversense CGM can only be uploaded to diasend® via **"Connect app"** in the patient's diasend® account. Please see page 11 in this guide.





Infrared glucose meters

Roche (IR)

Accu-Chek Aviva
Accu-Chek Nano



ACTiSYS Li, Li2 or Accu-Chek 360°

1. Connect IR cable to your computer.
2. Activate IR transmission by pushing and holding the two arrow buttons until two arrows appear in the display.

Accu-Chek Compact Plus



ACTiSYS Li, Li2 or Accu-Chek 360°

1. Connect IR cable to your computer.
2. Activate IR transmission by pushing and holding the buttons **S** and **M** below the display until two arrows appear in the display.

Accu-Chek Aviva Combo
Accu-Chek Aviva Expert



ACTiSYS Li, Li2 or Accu-Chek 360°

1. Connect IR cable to your computer.
2. In the main menu, go to **My data** and select **Data transfer**.

Accu-Chek Mobile (IR)



ACTiSYS Li, Li2 or Accu-Chek 360°

1. Connect IR cable to your computer.
2. Press and hold the two arrow buttons.
3. In the data transfer menu, select the first alternative (**for analysis**).



Compatible infrared cables

ACTiSYS - Li cable



Compatible operating systems:
macOS X: 10.9-10.13
Windows: 7

ACTiSYS - Li2 cable



Compatible operating systems:
macOS X: 10.9-10.13
Windows: 7, 8, 10

Accu-Chek - 360° cable (Realtyme)



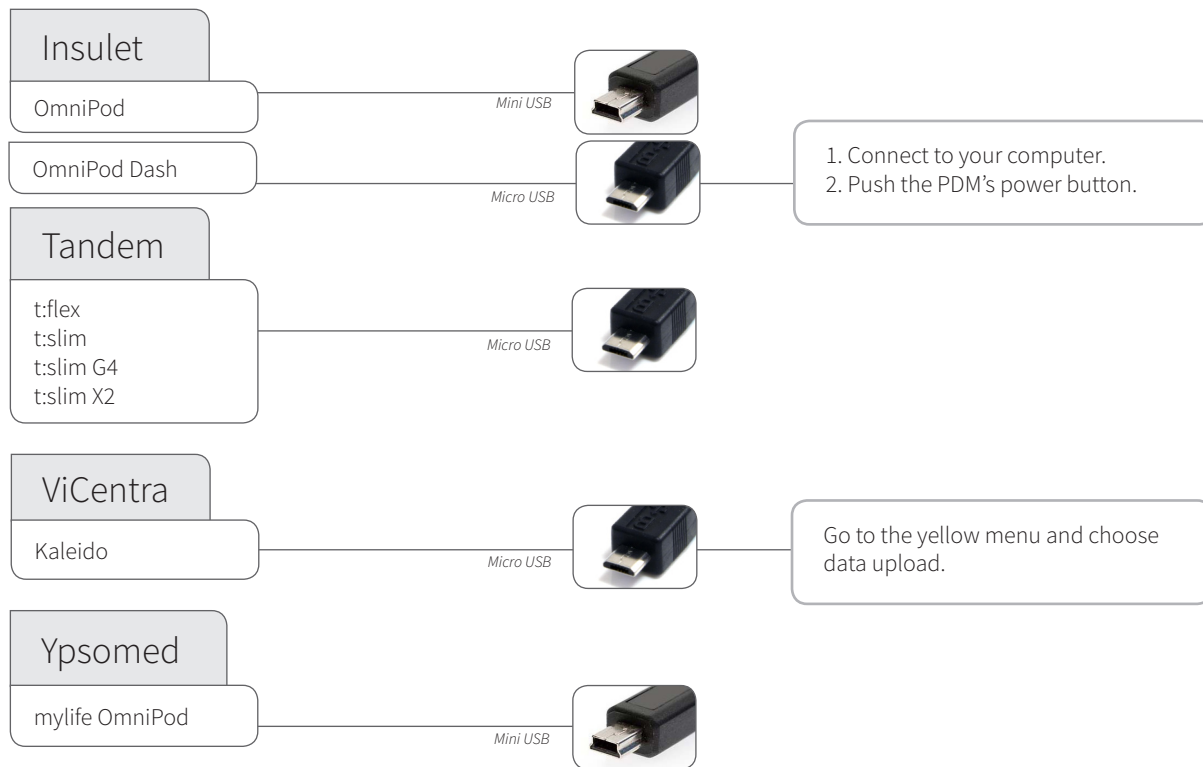
Compatible operating systems:
macOS X: 10.9-10.13
Windows: 7, 8, 10



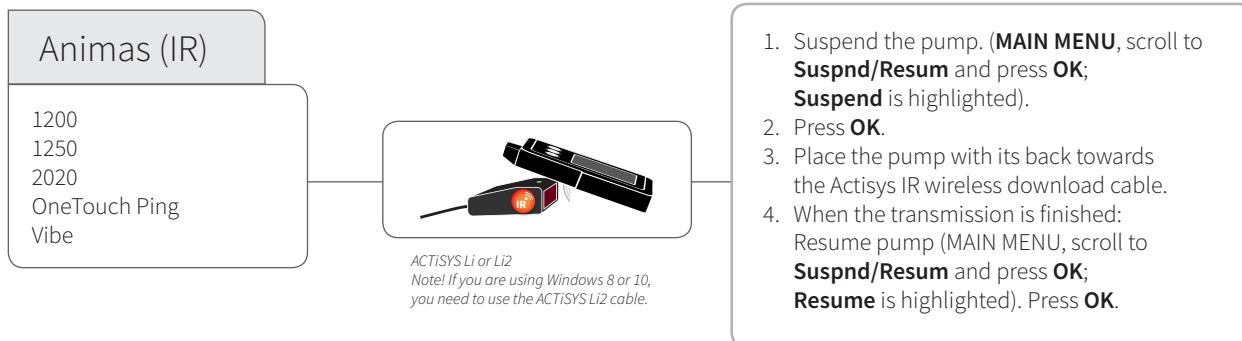
Missing a cable?

Please contact the manufacturer of your specific diabetes device.

Insulin pumps - connected with standard USB cable




Infrared insulin pumps




Compatible infrared cables

ACTiSYS - Li cable



Compatible operating systems:
macOS X: 10.9-10.13
Windows: 7

ACTiSYS - Li2 cable



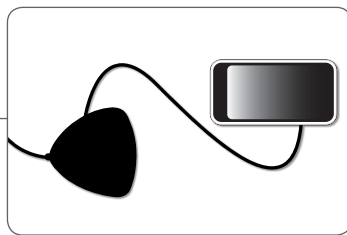
Compatible operating systems:
macOS X: 10.9-10.13
Windows: 7, 8, 10



Missing a cable?

Please contact the manufacturer of your specific diabetes device.

Roche
Accu-Chek Insight



Smart Pix 2
Note! Connect the handset of your pump with a micro USB cable to the Smart Pix 2.

1. Connect the Smart Pix 2 cable to your computer and wait for the blue indicator on the Smart Pix 2 to start flashing slowly.
2. Connect the handset to the Smart Pix 2 with a micro USB cable.
3. In the handset menu select **Connect to PC** and press **OK**.
4. Ensure that the pump is within reach of the handset.
5. The blue indicator on the Smart Pix 2 is on while the data is being transmitted from the device to the Smart Pix 2.
6. The blue indicator turns itself off and both Smart Pix 2 and device emit a sound to signal that the data is being transmitted from the Smart Pix 2 to Uploader. Do not disconnect the Smart Pix 2 yet!
7. Wait for Uploader to signal the upload was successful.

Roche
Accu-Chek Spirit
Accu-Chek Spirit Combo



Smart Pix or Smart Pix 2
Note! Smart Pix software version 3.02 or higher is required when using Smart Pix.

1. Connect the Smart Pix to your computer and wait for the blue indicator on the Smart Pix to start flashing slowly.
2. Put the pump in **Data Transfer** mode (stop the pump and enter the **Data Transfer** menu).
3. Place the pump with its IR eye towards the Smart Pix. The blue indicator signals the data is being transmitted to the Smart Pix.
4. Wait for the blue indicator to start flashing slowly again or stop flashing altogether.
5. The data is now being transmitted from the Smart Pix to Uploader. Do not disconnect the Smart Pix yet!
6. Wait for Uploader to signal the upload was successful.



Compatible infrared cables

Roche Accu-Chek Smart Pix cable



Compatible operating systems:
macOS X: 10.9–10.13
Windows: 7, 8, 10

Roche Accu-Chek Smart Pix 2 cable



Compatible operating systems:
macOS X: 10.9–10.13
Windows: 7, 8, 10



Missing a cable?

Please contact the manufacturer of your specific diabetes device.

**WARNING!**

Always consult your GP if you discover anomalies in your information displayed in diasend®. Never change your medication doses prior to consulting your GP! All patient medical diagnoses and treatments are to be performed under supervision of qualified healthcare professionals! diasend® is not intended to provide automated treatment decisions or to be used as a substitute for professional healthcare judgment. diasend® is not intended for emergency calls or for transmission or indication of any real-time alarms or time-critical data! diasend® is not intended as a substitute for direct medical supervision or emergency intervention.

Glooko AB
Nellickevägen 20
SE-412 63 Göteborg
SWEDEN

Support:
www.diasend.com