Criteria for recommending surgery in a patient with asymptomatic primary hyperparathyroidism

- Serum calcium greater than 0.25 mmol/l above the reference range. This equates to a value of 2.85 mmol/l in Lothian
- Urinary calcium > 10 mmol per 24 hours
- Creatinine Clearance reduced by more than 30% compared with age-matched subjects
- BMD at lumbar spine, hip or distal radius > 2.5 SD below peak bone mass (t score < -2.5)
- Age under 50 years
- Patients for whom medical surveillance is either not desirable or not possible

Information taken from – Bilezikian JP et al. Summary statement from a workshop on asymptomatic primary hyperparathyroidism: a perspective for the 21st century. JCEM, 2002; 87 (12): 5353 – 5361

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