VON HIPPEL LINDAU SYNDROME SCREENING PROTOCOL

Affected Individuals	
Physical examination & history	Annually
Opthalmoscopy (direct & indirect), fluoroscein angioscopy or angiography	Annually
Cranial + spinal MRI	Every 3 years from 18 until 60
Abdominal ultrasound	Annually - not fasting
Abdominal CT	Every 3 years – not fasting
Endocrine screen including • Metanephrines + normetanephrines • pancreatic peptides (fasting) - • glucose • insulin • C peptide Blood Pressure (erect and supine)	Annually

Individuals at 50% risk	
Physical examination & history	Annually, from age 10
Opthalmoscopy (direct & indirect), fluoroscein angioscopy or angiography	Annually from age 10-60
Cranial + spinal MRI	Every 3 years from 18 until 40, then every 5 years until 60
Abdominal ultrasound	Annually from age 20-65
Abdominal CT	Every 3 years from age 20-65
Endocrine screen including • Metanephrines + normetanephrines • pancreatic peptides (fasting) - • glucose • insulin • C peptide Blood Pressure (erect and supine)	Annually, from age 10

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